

January 2, 2002

Office of Nutritional Products  
Labeling and Dietary Supplements (HFS-810)  
Center for Food Safety & Applied Nutrition  
Food and Drug Administration  
5100 Paint Branch Parkway  
College Park, MD 20740-3835

Dear Sir or Madam:

This letter will serve as 30-day notification, pursuant to section 403 (r)(6) of the Federal Food, Drug & Cosmetic Act and regulations promulgated thereunder.

Name and address of Dietary Supplement Manufacturer: Twin Laboratories Inc.  
150 Motor Parkway  
Hauppauge, NY 11788

Text of statement being made: "Reduces Frequency of Hot Flashes & Night Sweats"

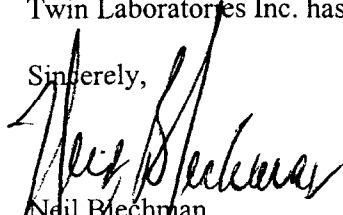
Dietary supplement ingredients: D-Alpha Tocopheryl Acid Succinate, Thiamin Mononitrate, Riboflavin, Niacinamide, Pyridoxine Hydrochloride, Folic Acid, Cyanocobalamin, Calcium Carbonate, Sodium Selenate, Kava Kava Root Extract, Novasoy Soy Bean Extract, Black Cohosh Root Extract, Boron Citrate/Glycinate/Aspartate

Dietary supplement brand and name: Twinlab TODAY'S WOMAN MENOPAUSE

As required, enclosed are two photocopies of this notification.

The signee certifies that the information contained in this notice is complete and accurate and that Twin Laboratories Inc. has substantiation that the statement is truthful and not misleading.

Sincerely,



Neil Blechman  
Executive Vice President  
Twin Laboratories Inc.

Enclosures

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